

# PRECIOUS TIMES CHILDCARE SERVICES POLICIES

## Sun Care

Precious Times is committed to ensuring that all children are fully protected from the dangers of too much sun and heat. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We aim to:

- Protect - Provide areas that enable children and staff to stay safe in the sun
- Educate - Learn about sun safety
- Collaborate – Work with parents / carers and the staff team, to sign parents / carers up to our sun-care promise

However, it is the responsibility of **PARENTS / CARERS** to ensure their child has sun cream applied and that they are dressed appropriately before they attend their session or children will be unable to access outdoor play. This policy is adopted in order to keep children safe and requires the co-operation of parents and carers.

Our weather can be unpredictable and even though this policy normally operates between June and September, there may be exceptions to this, causing this policy to come into force earlier or later than the stated months. Staff at the setting will inform parents via letters, emails, posters and facebook notifications if the policy is to start earlier or end later.

The following guidelines are for the protection and care of children in the sun:

- Children will always wear their own sun hat when outside everyday during the summer period of June to September, the only exception to this is when the UV rating is classed as low according to a reliable source and it is clearly overcast – this will be judged by managers and staff checking each time they go outside due to the very changeable weather conditions.
- Children must have a clearly named sun hat to be kept within the setting .
- A new unopened bottle of sun cream named and dated **MUST** be provided and stored within the setting.
- Precious Times **follows** the Sunsmart guidelines and recommends a sun protection factor of **30+**
- The cream provided **MUST** have at least a four star UVA rating
- Precious Times recommends that a **ONCE A DAY** cream is provided
- Children attending for a full day will have their cream reapplied after lunch by Precious Times staff.
- Children need light weight cotton clothing suitable for the sun, with long sleeves and long legs if prone to sunburn
- Children will not be out in the sun between 12.00 – 1.00 pm on hot days
- Children are offered cooled water more frequently throughout the day.
- Children are made aware of the need for sunhats, sun cream and the need to drink more fluids during their time in the sun

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- Staff will make day to day decisions about the length of time spent outside dependant on the strength of the sun
- In the event of extremes of temperatures the Public Health England Heatwave advice will be followed.

## Asian and Black Skin Colouring

- Carers of children with this type of skin should be aware that these skin types can be very tolerant to sunshine. However, it is important to remember that burning can still occur if living in Britain so the above conditions still apply.

We educate the children to be aware of the dangers of the sun. We do this with stories, songs and art work.

We protect the children & support the parents/carers by passing on as much information regarding sun safety as possible. We also do the following:

- Ask parents every day if they have their cream on and their hat with them
- Send slips home when a child doesn't have cream or a hat or appropriate clothing
- Sell hats and sun cream in our entrance hall
- Display posters to remind parents / carers
- Place notifications and reminders on our Facebook page
- Send out newsletters and email reminders

This policy was developed with the help of sun smart cancer research UK, more information is available at [www.sunsmart.org.uk](http://www.sunsmart.org.uk).

**This policy was adopted at a meeting of Managers and Directors Sept 2012**

Policy Revised Date	Revised By
<b>15<sup>th</sup> December 2015</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss Vicki Mckay
<b>10 June 2016</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss Vicki Mckay
<b>9 June 2017</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss Vicki Mckay
<b>24 April 2018</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson
<b>17 January 2024</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson