

# **PRECIOUS TIMES CHILDCARE SERVICES POLICIES**

## **Sickness and Exclusion**

### **Statement of Intent**

We recognise that there are times when children are poorly and require medication or to stay at home to recover. We have this policy in place to support infection control and the health and safety of our staff and children.

### **Sickness**

If a child becomes unwell while with us we will contact the parents / carers to come and collect. While we await the arrival of the person collecting we will make the child as comfortable as possible and care for their needs. In some instances an exclusion of 24 hours will be required (this is at managers discretion)

Where children become ill at home and are obviously unwell we ask that children are kept at home, if we feel a child is unwell and should not be in the setting when they are brought in by parents / carers we reserve the right to ask parents to take them home again.

Our exclusion policy varies according to the type of illness or infection that has been contracted, these listed below may differ slightly from advice from doctors but for infection control purposes we have the following exclusions in place. These are:

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## Sickness and Exclusion

<b>Name of Illness &amp; Infection</b>	<b>Exclusion Period</b>
Antibiotics/ Prescribed Medication	First 24 hrs and clearly better
Concussion	48hrs and clearly better
Chickenpox	Until the spots have dried up minimum of 5 days exclusion and clearly better (Pregnant woman to be advised)
Conjunctivitis	Until the eyes have stopped weeping, minimum 24 hours
Coronavirus / COVID 19	3 days from onset of symptoms / positive result and until clearly better with no high temperature
Diarrhoea Including Gastroenteritis /Food Poisoning	48hrs from last bout and clearly better
Diphtheria (ND)	Until authorised by a doctor
Dysentery (ND)	Until authorised by a doctor
Ear Infection	24 hours of medication and clearly better
E Coli	Minimum of 48hrs and until authorised by a Doctor
Glandular Fever/Tonsillitis	Minimum 24 hrs and clearly better
Giardia	48hrs from last bout and clearly better
Hepatitis A (ND)	7 days from onset of jaundice and when recovered
Hepatitis B (ND)	Until authorised by a doctor
Hepatitis C (ND)	Until authorised by a doctor
Hand, Foot and Mouth Disease	During acute phase and while rash and ulcers are present
Infective Hepatitis Impetigo	Until skin has healed / crusted over and stopped weeping for a minimum of 48hrs
Measles (ND)	5 days from appearance of rash and clearly better (Pregnant woman to be advised)
Meningococcal Infections	Until authorised by a doctor and clearly better
Meningitis and septicaemia (ND)	Until authorised by a doctor and clearly better
Mumps (ND)	Until swelling has gone down, minimum 5 days from onset
Molluscum Contagiosum	24hrs from onset. Lesions must be covered and child well in themselves
Monkey Pox	We will follow advice of contract tracing / Health Protection Agency as necessary. You should self-isolate at home between 5 and 21 days or until: <ul style="list-style-type: none"> <li>- you have not had a high temperature for at least 72 hours</li> <li>- you have had no new lesions in the previous 48 hours</li> <li>- all your lesions have scabbed over</li> <li>- you have no lesions in your mouth</li> <li>- any lesions on your face, arms and hands have scabbed over, all the scabs have fallen off and a fresh layer of skin has formed underneath</li> </ul>
MRSA	Until authorised by a doctor and clear test results
Noro / rota virus (ND if outbreak)	Until symptom free for 48 hours
Pertussis (Whooping Cough) (ND)	5 days if treated with antibiotics and 21 days from onset if not treated with antibiotics
Poliomyelitis (ND)	Until authorised by a doctor
Pediculosis (Head Lice)	Exclusion until treatment is given
Rubella (German Measles) (ND)	5 days from onset of rash (Pregnant woman to be advised)
Ringworm of the body/scalp/feet	Exclusion until treatment is given
Salmonella	48hrs from last bout of sickness/Diarrhoea
Scabies	48hrs provided treatment is given. If no treatment is given exclusion will be necessary.
Scarlet Fever & Streptococcal from throat (ND)	24hrs from antibiotic treatment
Shingles	If rash is weeping and cannot be covered. (Pregnant woman to be advised)
Fifth disease (Slapped cheek or parvovirus)	Minimum of 24hrs, symptom free and clearly better (Pregnant woman to be advised)
Tuberculosis (ND)	Until authorised by a Doctor
Typhoid and Paratyphoid Fever (ND)	Until authorised by a Doctor
Temperature	24 hours and clearly better
Thread Worm	Exclusion until treatment is given
Vomiting (Including Gastroenteritis /Food Poisoning)	48hrs from last bout of sickness
Vomiting and Diarrhoea (Including Gastroenteritis /Food Poisoning)	48hrs from last bout of sickness/Diarrhoea
Verruca (Plantar Warts)	No exclusion, treated and covered
Flu	Until authorised by a doctor
General Anaesthetic	48 Hours
Local Anaesthetic	24 Hours

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**If a child is clearly unwell and / or relying on and / or been given paracetamol (Calpol) or ibuprofen to manage any symptoms they are experiencing they are not permitted to attend the setting.**

In some cases their return will need to be authorised by a doctor (requires written evidence) please see list above for sicknesses and illnesses that need authorised by a doctor.

However, our exclusion policy varies according to the type of illness or infection that has been contracted.

### **Specialist Care**

If children have long term or serious/complex medical needs they will be supported through the provision of an individual health care plan which will detail all of their information and the above exclusions about medication (relating to the condition detailed in the health care plan) will not apply.

Their health care plan and specialist medication will be kept within the room they are in so it is accessible at all times and all staff will be informed of the situation.

The health care plan details what should happen in the event of an emergency, as well as full details of the condition, emergency contact details and the form is regularly reviewed with the parents to ensure that any changes to the condition, care requirements or medication are recorded

In the event of an outing children's medication will be carried by a member of staff at all times along with their health care plan.

If the administration of prescription medicines requires technical / medical knowledge then individual training will be provided for staff from a qualified health professional, training will be specific to an individual child's needs.

### **Emergency Situations / Extreme Circumstances (Only Applicable at the Riverside Setting)**

In the event of an emergency situation i.e. high and quickly rising temperature that we are not able to bring down and there is a delay in the parent/carer being able to collect then we hold paracetamol suspension (Calpol) on site.

Upon registration Parents / Carers sign a Paracetamol Permission sheet, this enables us to deal with a quickly deteriorating situation. The manager will take the decision to administer this. This is to prevent young children from getting worse or starting to fit due to quickly rising temperature. Following the administration of this the child's temperature will continue to be monitored and we will continue to try and contact the Parents / Carers. A written record is kept of this and the parents / carers sign when they collect their child.

If a child, in our opinion is in need of emergency medical assistance and there is a delay in parents / carers being able to collect then we will call the emergency services and follow instructions from them. Permission for this is sought when upon registration.

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The contents of this policy are at the discretion of the Manager.

**This Policy was adopted at a Meeting of Managers and Directors  
20<sup>th</sup> October 2014**

Mrs Kerry L Francis  
Miss Kerry L Whitney  
Mrs Helen Jackson  
Miss V A McKay

<b>Policy Revised Date</b>	<b>Revised By</b>
<b>8<sup>th</sup> June 2015</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss V A McKay
<b>7<sup>th</sup> April 2017</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss V A McKay
<b>24 April 2018</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson
<b>28<sup>th</sup> February 2022</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson
<b>8<sup>th</sup> February 2023</b>	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson