

PRECIOUS TIMES CHILDCARE SERVICES POLICIES

Sun Care

Precious Times is committed to ensuring that all children are fully protected from the dangers of too much sun and heat. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We aim to:

- Protect - Provide areas that enable children and staff to stay safe in the sun
- Educate - Learn about sun safety
- Collaborate – Work with parents / carers and the staff team, to sign parents / carers up to our sun-care promise

However, it is the responsibility of **PARENTS / CARERS** to ensure their child has sun cream applied, they have their hat with them and that they are dressed appropriately before they attend their session or children will be unable to access outdoor play. This policy is adopted in order to keep children safe and requires the co-operation of parents and carers.

Our weather can be unpredictable and even though this policy normally operates between June and September, there may be exceptions to this, causing this policy to come into force earlier or later than the stated months. Staff at the setting will inform parents via letters, emails, posters and facebook notifications if the policy is to start earlier or end later.

The following guidelines are for the protection and care of children in the sun:

- Children will always wear their own sun hat when outside everyday during the summer period of June to September, the only exception to this is when the UV rating is classed as low according to a reliable source and it is clearly overcast – this will be judged by managers and staff checking each time they go outside due to the very changeable weather conditions.
- Children must have a clearly named sun hat to be kept within the setting .
- A new unopened bottle of sun cream named and dated **MUST** be provided and stored within the setting.
- Precious Times **follows** the Sunsmart guidelines and recommends a sun protection factor of **30+**
- The cream provided **MUST** have at least a four star UVA rating
- Precious Times recommends that a **ONCE A DAY** cream is provided
- Children attending for a full day will have their cream reapplied after lunch by Precious Times staff.
- Children need light weight cotton clothing suitable for the sun, with long sleeves and long legs if prone to sunburn
- Children will not be out in the sun between 12.00 – 1.00 pm on hot days
- Children are offered cooled water more frequently throughout the day.
- Children are made aware of the need for sunhats, sun cream and the need to drink more fluids during their time in the sun

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- Staff will make day to day decisions about the length of time spent outside dependant on the strength of the sun
- In the event of extremes of temperatures the Public Health England Heatwave advice will be followed.

Asian and Black Skin Colouring

- Carers of children with this type of skin should be aware that these skin types can be very tolerant to sunshine. However, it is important to remember that burning can still occur if living in Britain so the above conditions still apply.

We educate the children to be aware of the dangers of the sun. We do this with stories, songs and art work.

We require parents to sign a 'Parent/carer sun-care promise'

We protect the children & support the parents/carers by passing on as much information regarding sun safety as possible. We also do the following:

- Ask parents every day if they have their cream on and their hat with them
- Send slips home when a child doesn't have cream or a hat or appropriate clothing
- Sell hats and sun cream in our entrance hall
- Display posters to remind parents / carers
- Place notifications and reminders on our Facebook page
- Send out newsletters and email reminders

This policy was developed with the help of sun smart cancer research UK, more information is available at www.sunsmart.org.uk.

This policy was adopted at a meeting of Managers and Directors Sept 2012

Policy Revised Date	Revised By
15th December 2015	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss Vicki Mckay
10 June 2016	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss Vicki Mckay
9 June 2017	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson Miss Vicki Mckay
24 April 2018	Mrs Kerry L Francis Miss Kerry L Whitney Mrs Helen Jackson

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Parents and Carers Sun-care promise

Parent / Carer Copy

Children will always wear their own sun hat when outside every day during the summer period of June to September, the only exception to this is when the UV rating is classed as low according to a reliable source and it is clearly overcast – this will be judged by managers and staff checking each time they go outside due to the very changeable weather conditions during the day.

1. I will provide my child with a new, unopened suitable sun-cream and understand that Precious Times recommends a ONCE A DAY cream
2. I will provide my child with a suitable factor of sun cream (Sun Smart recommends a sun protection factor of **30+**, with at least a 4 star UVA rating when at Precious Times.
3. I understand the sun cream **AND** sun hat should remain at Precious Times at all times.
4. I will provide my child with a hat to stay at Precious Times.
5. I will dress my child in tops/dresses that **fully cover the shoulders** (not vests or strappy tops), and **ensure that open toe shoes are not worn.**
6. I understand that Precious Times will not let my child play outside or go for a walk without the above.
7. I will ensure that sun cream has been applied before my child attends their session and understand that the staff will then re-apply after lunch
8. I will inform the nursery if my child has sunburn at home and complete and sign an incident form. I understand that in these circumstances my child will not be able to play outside at nursery until the sunburn has healed.
9. I will keep all members of my family and friends fully informed of my child's sun-care needs and ensure that they bring my child appropriately dressed (hat, closed toe shoes and top) in accordance with the sun-care policy.
10. I understand that if my child attends the OOS club they will be encouraged to apply sun-cream to themselves prior to playing outside.

I agree to abide by the above policy and understand that failure to comply with the above will result in my child not being allowed to play outside, and that staff may contact me to collect my child from Precious Times.

Should you not adhere to this policy and should staff consider that your child is not dressed appropriately for the weather your child will not be permitted to play outside and you may be contacted to collect your child from Precious Times.

Please retain this copy for your reference

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Childs name _____ Parent name _____

Parent Signature _____ Date _____

Managers Signature _____